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Curling Education Webinar Series

Meeting and discussion 7/26/20

Zoom, 7-8pm



Agenda

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1. Call to Order
2. How We Planned Our Season
3. COVID Happened
4. How We Accepted the New Reality
5. Regroup for The Season
6. Developed a Team COVID Plan
7. Open Floor



How We Planned Our Season Pre-COVID

- Events from last year
- Goals + Points
- Playdowns
- Popular spiels/new spiel developments
- Canada as our main travel area
- Practices (at home and as a team)



COVID ARRIVED

- Teammates + friends who curled at USCA Club Nationals.
- Our state was a hotspot early
- Quarantine + Communication within the team
- Canadian border closed
- Sports + Life Canceled
- What Next?



HOW WE ACCEPTED THE NEW REALITY

- Open Communication (team and outside resources)
- Reframe the season for off-ice development
 - Assume the worst, prepare for the best
- Be prepared for when when ice returns
- Stay informed about safety procedures (group and individual)
- Be engaged with USCA, other curlers and teams.

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REDEFINE THE SEASON

- Team sessions on Zoom with guest coaches
- Open communication - each of our lives is different
- How could we make it fun?



TEAM COVID PLAN

Expectations

- From each other, other teams, clubs, and USCA

Be Prepared

- Travel, play, equipment, team symptom + temp checks, testing
- Create a travel plan, pre and post-game plans, pre and post-event expectations



AAC

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Have a concern??

Contact this group of athletes:

Bill Stopera (Chair), Craig Brown, Dean Gemmell, Alex Agre, Alex Leichter, Stephanie Senneker, Colin Huffman, Aileen Sormunen, Steve Emt

<https://www.teamusa.org/usa-curling/for-athletes/athletes-advisory-council>



Open Floor Discussion

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- Impressions/thoughts
- Questions?

Follow updates:



Celebrity Curler Outreach Program



Team Senneker



Group: US Women's Curling (non-hp)



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RESOURCES

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WHO

CDC

MN Health

WI Health

MI Health

USCA

USOC

CCA

Curl ON

Curl Manitoba

Curl BC

The more you know, the better prepared you are.



Next Seminar

Tuesday July 28th at 7pm Eastern

Intro to Curling Fitness with Mimi Stevinson